



Gammy's House Recipes

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Bananas Foster

Ingredients:

- 1/3 cup butter
- 1/3 cup packed brown sugar
- 3 ripe bananas, bias-sliced (2 cups)
- 1/4 teaspoon ground cinnamon
- 2 tablespoons creme de cocoa or banana liqueur
- 1/4 cup rum
- Rich vanilla ice cream (about 2 cups)

Directions:

- 1.** In a skillet melt butter; stir in brown sugar until melted. Add bananas; cook and gently stir over medium heat about 2 minutes or until heated through. Sprinkle with cinnamon. Stir in creme de cocoa or banana liqueur.
- 2.** In a small saucepan, heat rum until it almost simmers. Carefully ignite rum and pour over bananas, coating evenly. Serve immediately with ice cream. Makes 4 servings

